



SCIENTIFIC PROGRAM



18TH GULF HEART ASSOCIATION CONFERENCE PRE-CONFERENCE COURSES/WORKSHOPS WEDNESDAY, NOVEMBER 11, 2026

16:00–20:00 Mayo Clinic-National Heart Centre, The Royal Hospital Cardiovascular Course		Meeting Rooms 8+9
16:00 – 16:05	Introduction	Hamood Al Kindi (Oman) & Igor E. Konstantinov (USA)
16:05 – 16:30	Aortic Valve Repair — Cardiologist's Perspective	Hector Michelena (USA)
16:30 – 16:55	Aortic Valve Repair — Surgeon's Perspective	Igor E. Konstantinov (USA)
16:55 – 17:15	Case Discussion	Tasneem Al Rashdi (Oman)
17:15 – 17:40	Hypertrophic Cardiomyopathy — Cardiologist's Perspective	Steve R. Ommen (USA)
17:40 – 18:05	Hypertrophic Cardiomyopathy — Surgeon's Perspective	Joseph A. Dearani (USA)
18:05 – 18:25	Case Discussion	Shamsa Al-Kaabi (Oman)
18:25 – 18:40	Break	
18:40 – 19:05	Ebstein Anomaly — Mayo Clinic Experience	Joseph A. Dearani (USA)
19:05 – 19:30	Ebstein Anomaly — From Personalized Approach to Globalization of Care	Igor E. Konstantinov (USA)
19:30 – 19:50	Case Discussion	Tuqa Al-Lawati (Oman)
19:50 – 20:00	Conclusion	Hamood Al Kindi (Oman) & Igor E. Konstantinov (USA)



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07:30–08:30 Registration

08:30–10:20 Session I: Hypertension Chairs: ***TBA***		HALL B
08:30–08:48	How Fast and Low Should We Go in Blood Pressure Lowering?	Reinhold Kreutz (Germany)
08:50–09:08	Renal Denervation's Comeback: Too Much Noise or Too Much Evidence?	Markus Schlaich (Australia)
09:10–09:28	Management of Hypertension in Chronic Kidney Disease	Abdullah Shehab (UAE)
09:30–09:48	Advances in Hypertension: Measurements, Targets and Drugs	Reinhold Kreutz (Germany)
09:50–10:10	Discussion	All Session Faculty

10:20–11:00 Opening Ceremony

11:00–11:20 Break and Visiting Exhibition

11:30–12:30	Satellite Symposium IA hosted by JnJ	HALL C1 + C2
11:30–12:00	Satellite Symposium IB hosted by Abbott	HALL B
12:00–12:30	Satellite Symposium II hosted by AstraZeneca	HALL B

12:30–13:30 Lunch and Pray

13:30–15:10 Session II: CKM Syndrome The Crossroad of Obesity, Diabetes, Heart and Kidney Diseases Chairs: ***TBA***		HALL B
13:30–13:48	Cardiovascular-Kidney-Metabolic Syndrome: What Every Physician Should Know and What Every Clinician Should Do ?	Naveed Sattar (UK)
13:50–14:08	Personalizing Strategies For HFpEF Management	Nadya Al Matrooshi (UAE)
14:10–14:28	Targeting Obesity to Improve CV, Renal, and Metabolic Health	Charbel Abi Khalil (Qatar)
14:30–14:48	SGLT2 Inhibitors and GLP-1 Receptor Agonists in Cardiovascular–Kidney–Metabolic Syndrome	Mohammed El Deeb (Oman)
14:50–15:10	Discussion	All Session Faculty



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13:30–15:10 Session IIA: Interventional Cardiology Corner Chairs: ***TBA***		HALL C3
13:30–13:48	Cutting for the Stone: Imaging and Devices in Calcified Lesions.	Abdul Aziz Al Ghehami (KSA)
13:50–14:08	New Techniques and Tips in CTO PCI: The Expert Journey!	Husam Noor (Bahrain)
Great Debates		
14:10–14:28	The Metal-Free Strategy: - My Preferred Strategy in 2026. - I Love the Metal .. I Trust It!	Mansour Sallam (Oman) & Fahad Al Hajri (Kuwait)
14:30–14:48	IVUS in the Cathlab After optimal and IVUS-CHIP: - I Will Continue to Use but More Selective ? - A Waste of Time and a Waste of Money!	Fawaz Bardooli (Bahrain) & Adil Barakat (Oman)
14:50–15:10	Discussion	All Session Faculty
13:30–15:10 Session IIB: Adult Cardiac Surgery Corner Chairs: ***TBA***		HALL C1 + C2
13:30–13:45	When Transcatheter Therapy Fails: The Surgical Challenge	Adil Al-Kindi (Oman)
13:47–14:02	Endoscopic Cardiac Surgery in the Gulf: Where Are We Today?	Ziyab Khan (Oman)
14:04–14:19	Robotics Redefined: Advancing the Practice	Abdul Wahid Al Mulla (Qatar)
14:21–14:36	Intelligent Surgery: AI-Driven Planning for the Cardiac OR	Alaa Al Lawati (Oman)
14:38–14:53	Printing the Future: 3D-Printed Valves and Aortas in Practice	Hamood Al-Kindi (Oman)
14:55–15:10	Discussion	All Session Faculty



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15:20–15:50	Satellite Symposium III hosted by Philips	HALL B
15:50–16:10	Break and Visiting Exhibition	
16:10–17:50	Session III: Cardiovascular Prevention Chairs: ***TBA***	HALL B
16:10–16:28	Cardiovascular Risk Scores and Primary Prevention in the Era of Noninvasive Imaging.	Adil Al Jabri (Oman)
16:30–16:48	When Statins Fail: Current Options in 2026	Khalid Al Rassadi (Oman)
16:50–17:08	Beyond Low-Density Lipoprotein Cholesterol What Should You Look For to Treat Residual Cardiovascular Risk?	Nasreen Al Sayed (Bahrain)
17:10–17:28	Use of Blood-, Imaging-, and AI-based Biomarkers for Risk Assessment	Sadeer Al-Kindi (USA)
17:30–17:50	Discussion	



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Session IIIA: Cardiac Electrophysiology Corner Practical Cases Chairs: ***TBA***		HALL C1 + C2
16:10–16:17	Case 1: Atypical Flutter	***TBA***
16:17–16:24	Case 2: Epicardial VT	***TBA***
16:24–16:31	Case 3: LBBAP Troubleshooting	***TBA***
16:31–16:38	Case 4: PFA Safety Nuances	***TBA***
16:38–16:45	Case 5: Complex Extractions	***TBA***
16:45–16:52	Case 6: Dual-Chamber Leadless	***TBA***
16:52–16:59	Case 7: Persistent AF & PFA	***TBA***
16:59–17:06	Case 8: LV Summit PVCs	***TBA***
17:06–17:13	Case 9: The Infected CRT-D	***TBA***
17:13–17:20	Case 10: Post-TPR Pacing	***TBA***
17:20–17:50	Panel Roundtable: Advanced Technical Debates and “Nightmare” Lab Scenarios	
Session IIIB: Structural Heart Disease Corner Chairs: ***TBA***		HALL C3
16:10–16:28	Advancements in Transcatheter Tricuspid Valve Intervention (TTVI)	Atsushi Sugiura (Japan)
16:30–16:48	TAVI Complications and Management Strategies: Case 1 Case 2	Abdullah Esmail (Oman) & Adil Al Jabri (Oman)
16:50–17:08	Mitral TEER Nightmares: I Wish I Was Not There!	Mohammed AL-Hijji (Qatar)
17:10–17:28	Antithrombotic Therapy after TAVI: The Agents and the Patient: Tailoring the Suitable Dress?	Abdullah Ismail (Kuwait)
17:30–18:00	Satellite Symposium IV hosted by Sanofi	HALL B
17:30–18:00	Genetic Cardiomyopathies: A Comprehensive Approach with Special Focus on Treatable Conditions	Farah AlKindi (Oman)



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08:30–10:05 Session IV: Heart Failure Chairs: ***TBA***		HALL B
08:30–08:48	Heart Failure (HF) with Improved Ejection Fraction: How to Manage a Patient with HF Remission?	Faiez Zannad (France)
08:50–09:08	When to Refer Patients for Advanced Heart Failure Care. Local Experience	Amna Al Busaidi (Oman)
09:10–09:28	Beyond the 4 Pillars of HFrEF Therapy: Where Do We Stand in 2026?	Faiez Zannad (France)
09:30–09:48	2026 ESC Guidelines for the Management of Heart Failure: Essential Messages	Lars Køber (Denmark)
09:50–10:05	Discussion	All Session Faculty
08:30–10:05 Session IVA: Congenital Heart Disease: Aortic Valve Disease in Children Chairs: ***TBA***		HALL C3
08:30-08:48	Bicuspid Aortic Valve from Neonatal to Adolescent Life	Khalid Al Najashi (KSA)
08:49-09:07	Critical Neonatal Aortic Valve Stenosis: Balloon vs Surgical Valvuloplasty: Interventional Modality Predictors	Khalid Al Alawi (Oman)
09:08-09:26	LVOT in Aortic Valve Disease: Assessment and Management	Sonia Alsaidi (Egypt)
09:27- 09:45	Aortic Valve Repair vs Ross vs Mechanical Valve Replacement: Who Wins in Children	Hans-Joachim Schäfers (Germany)
09:46-10:05	Peri-operative Anesthetic Management of Ross Procedure: Current Concepts and Controversies	Ishaq Al Aamri (Oman)
10:05–10:35 Satellite Symposium V hosted by Novartis		HALL B
10:35–10:55 Break and Visiting Exhibition		



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10:55–11:55 Session V: Future Cardiology Chairs: ***TBA***		HALL B
10:55–11:13	Artificial Intelligence in Coronary Plaque Characterization: Is It Ready for Clinical Practice?	Fawaz Alenezi (USA)
11:15–11:33	Cardiovascular Biomarkers for Risk Stratification in Primary Prevention	Johannes T. Neumann (Germany)
11:35–11:53	Artificial intelligence - Assisted Echocardiography: Today and Tomorrow	Fawaz Alenezi (USA)
10:55–11:55 Session IVA: Congenital Heart Disease: CHD Challenges and Long Term Outcomes Chairs: ***TBA***		HALL C3
10:55–11:14	Navigating the Critical Transition from Pediatric to Adult Congenital Heart Disease Care in GCC Countries	Khalid Al Najashi (KSA)
11:15–11:34	Common Morbidities of Operated Congenital Heart Disease in Adulthood	Ruqaya Al Hajri (Oman)
11:35–11:55	ICU Challenges After Palliation for Single Ventricle	Mohammed Al Ghafri (Oman)
11:55–13:30 Lunch and Prayer		
13:30–15:10 Session VI: Valvular Heart Disease Chairs: ***TBA***		HALL B
13:30–13:48	Moderate Valvular Lesions: Waiting for What?	Jonathan Byrne (UK)
13:50–14:08	Surgical Treatment for Left-Sided Infective Endocarditis.	Ali Al Kindawi (Qatar)
14:10–14:28	Update on the Local Experience of Transcatheter Treatment of Valvular Heart Disease	Khalid Al Saidi (Oman)



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14:30–14:48	The Dilemmas of Multivalvular Heart Disease: Approach and Management	Holger Thiele (Germany)
14:50–15:10	Discussion	All Session Faculty
13:30–15:10	Session VIA: Cardio-Oncology Corner Chairs: ***TBA***	HALL C1 + C2
13:30–13:48	Risk Stratification Before and During Potentially Cardiotoxic Cancer Therapy: A Practical Evidence-Based Approach	Hassan Al Farhan (Iraq)
13:50–14:08	Immune Checkpoint Inhibitor–Associated Myocarditis: From Early Recognition to Advanced Management	Hadi Skouri (UAE)
14:10–14:28	Real-World Cardio-Oncology: Challenging Clinical Scenarios and Practical Solutions	Ahmed Basuoni (Oman)
14:30–14:48	Permissive Cardiotoxicity: Balancing Optimal Cancer Therapy with Cardiovascular Safety	Wouter Meijers (Netherlands)
14:50–15:10	Discussion	All Session Faculty
13:30–15:10	Session VIB: Congenital Heart Disease: DORV Chairs: ***TBA***	HALL C3
13:30-13:49	DORV: One Name Many Pathways	Ahlam Attiq (Oman-Salalah)
13:50-14:09	Beyond 2D Imaging: Mapping the Path Toward Successful Septation	Tuqa Al Lawati (Oman)
14:10-14:29	Comparative Surgical Approaches in DORV: When and Why?	Hamood Al Kindi (Oman)
14:30-14:49	Precision Anesthesia for DORV: Tailoring Management to Morphology and Surgical Strategy	Dr Madan Madali (Oman)
14:50-15:10	DORV Beyond the Operating Room: Long Term Complications and Re-interventions	Dr Sonia Alsaidi (Egypt)
15:15-15:45	Keynote Lecture: Congenital Heart Disease Chairs: ***TBA***	HALL C3
15:15-15:45	Surgical Challenges of Mitral Valve Surgery in Small Children	Igor E. Konstantinov (USA)



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15:20–15:50	Satellite Symposium VIA hosted by Amgen	HALL B
15:20–15:50	Satellite Symposium VIB hosted by Pfizer	HALL C1 + C2
15:50–16:10	Break and Visiting Exhibition	
16:10–17:30	Session VII: Controversies Corner : Great Debates in CVD Chairs: ***TBA***	HALL B
16:10–16:28	Mechanical Circulatory Support in Cardiogenic Shock: The Patient, the Device and the Timing	Holger Thiele (Germany)
16:30–16:48	Clopidogrel versus Aspirin for Prevention of Coronary Artery Disease	Kadhim Sulaiman (Oman)
16:50–17:08	Left Atrial Appendage Closure Device Versus Medical Therapy for Treatment of Atrial Fibrillation	Fahad Al Mehmadi (KSA)
17:10–17:30	Discussion	All Session Faculty
16:10–17:50	Session VIIA: Congenital Heart Disease: ccTGA Chairs: ***TBA***	HALL C3
16:10–16:29	Fetal Diagnosis of ccTGA: Predicting Post-natal Outcomes and Delivery Planning	Merna Atiyah (KSA)
16:30–16:49	Right Ventricle vs Left Ventricle in the Systemic Circulation	Rizwan Rehman (UAE)
16:50–17:09	The Systemic Tricuspid Valve: Repair Early or Replace Late?	Igor E. Konstantinov (USA)
17:10–17:29	Long-term Outcomes of Double Switch vs Physiological Repair of ccTGA	Alaa Al Lawati (Oman)
17:30–17:50	ICU Reflags After ccTGA Repair: When to Call the Surgeon?	Mohamed Kabbani (KSA)



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18TH GULF HEART ASSOCIATION CONFERENCE SATURDAY, NOVEMBER 14, 2026

08:30–10:10 Session VIII: Cardiac Imaging Chairs: ***TBA***		HALL B
08:30–08:48	Value of CMR in Acute Coronary Syndromes and Differentiation of Underlying Etiologies (MINOCA, Myocarditis)	Fawaz Alenezi (USA)
08:50–09:08	Implementing Cardiac MRI in Heart Failure: Practical Protocols and Clinical Impact	Arif Albulushi (Oman)
09:10–09:28	Unmasking the Hidden: Cardiovascular Magnetic Resonance for Differential Diagnosis of Left Ventricular Hypertrophy	Ahmed Al-Jaziri (KSA)
09:30–10:00	Discussion	All Session Faculty
10:10–10:30	Break and Visiting Exhibition	
10:30–12:17 Session IX: Atrial Fibrillation Chairs: ***TBA***		HALL B
10:30–10:48	Prediction and Risk Factor Modification for AF: Practical Guide for the Clinicians	Mohammed Amin (Bahrain)
10:50–11:08	Catheter Ablation of Atrial Fibrillation in the Gulf: Where Do We Stand in 2026?	Ghalib Al Hinai (Oman)
11:10–11:35	Special Lecture: Atrial Fibrillation and Stroke Prevention: Current Status and Unresolved Issues	Gregory Lip (UK)
11:37–11:55	Atrial Fibrillation in Patients With Heart Failure: Critical Review	Wael Al Qarawi (KSA)
11:57–12:17	Discussion	All Session Faculty
12:20–14:00 Session X: Coronary Syndromes Chairs: ***TBA***		HALL B
12:20–12:38	Preventive Percutaneous Coronary Intervention: Attack Before the Attack	Holger Thiele (Germany)
12:40–12:58	Primary PCI in the Gulf Countries: Can We Save More Lives?!	Fahad Al Kindi (Oman)



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13:00–13:18	Nonobstructive CAD in Patients With Chest Pain: The Dilemma!	Holger Thiele (Germany) Dawn L. Adamson (UK) All Session Faculty
13:20–13:38	The Approach to Chest Pain during Pregnancy	
13:40–14:00	Discussion	
14:00–14:30	Dr. Wael Almahmeed Best-of-Abstracts Awards & Closing Remarks	
14:30	Lunch and Pray	