



SCIENTIFIC PROGRAM



الجمعية العمانية لطب القلب
OMAN HEART ASSOCIATION

18TH GULF HEART ASSOCIATION CONFERENCE PRE-CONFERENCE COURSES/WORKSHOPS WEDNESDAY, NOVEMBER 11, 2026



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الجمعية العمانية لطب القلب
OMAN HEART ASSOCIATION

18TH GULF HEART ASSOCIATION CONFERENCE THURSDAY, NOVEMBER 12, 2026 ***HALL***

07:30–08:30 Registration

08:30–10:10 Session I: Heart Failure Chairs: ***TBA***		
08:30–08:48	2026 ESC Guidelines for the Management of Heart Failure: Essential Messages.	***TBA***
08:50–09:08	Referral of Patients With Advanced Heart Failure in Oman: When and How, What Options Available?	***TBA***
09:10–09:28	Heart Failure (HF) with Improved Ejection Fraction: How to Manage a Patient with HF Remission?	***TBA***
09:30–09:48	Beyond the 4 Pillars of HFrEF Therapy: Where Do We Stand in 2026?	***TBA***
09:50–10:10	Discussion	All Session Faculty
10:20–11:00 Opening Ceremony		
11:00–11:20 Break and Visiting Exhibition		
11:20–11:50	Satellite Symposium I	***TBA***
12:00–12:30	Satellite Symposium IIA	***TBA***
12:00–12:30	Satellite Symposium IIB	***TBA***
12:30–13:30 Lunch and Pray		
13:30–15:10 Session II: CKM Syndrome The Crossroad of Obesity, Diabetes, Heart and Kidney Diseases Chairs: ***TBA***		
13:30–13:48	What Is CKM Health, Syndrome, and Stages?	***TBA***
13:50–14:08	Targeting Obesity to Improve CV, Renal, and Metabolic Health.	***TBA***
14:10–14:28	Comparative Effectiveness of GLP-1RA and SGLT2i in Cardiovascular Kidney Metabolic Syndrome.	***TBA***
14:30–14:48	Personalizing Strategies For HFpEF Management.	***TBA***
14:50–15:10	Discussion	***TBA***



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13:30–15:10		
Session IIA: Interventional Cardiology Corner Chairs: ***TBA***		
13:30–13:48	Cutting for the Stone: Imaging and Devices in Calcified Lesions.	***TBA***
13:50–14:08	PCI of Left Main Stenosis: - Oman Experience - Saudi Experience	***TBA***
Great Debates		
14:10–14:28	The Metal-Free Strategy: - My Preferred Strategy in 2026. - I Love the Metal .. I Trust It!	***TBA***
14:30–14:48	IVUS in the Cathlab After optimal and IVUS-CHIP: - I Will Continue to Use but More Selective ? - A Waste of Time and a Waste of Money!	***TBA***
14:50–15:10	Discussion	***TBA***
15:20–15:50		
Satellite Symposium III		
15:50–16:10 Break and Visiting Exhibition		
16:10–17:50		
Session III: Cardiovascular Prevention Chairs: ***TBA***		
16:10–16:28	Cardiovascular Risk Scores and Primary Prevention in the Era of Noninvasive Imaging.	***TBA***
16:30–16:48	When Statins Fail: Current Options in 2026.	***TBA***
16:50–17:08	Antiplatelet Therapy in Primary Prevention: The Two-Edged Sword?	***TBA***
17:10–17:28	Use of Blood-, Imaging-, and AI-based Biomarkers for Risk Assessment.	***TBA***
17:30–17:50	Discussion	



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Session IIIA: Cardiac Electrophysiology Corner Practical Cases Chairs: ***TBA***		
16:10-17:50		
16:10-16:17	Case 1: Atypical Flutter	***TBA***
16:17-16:24	Case 2: Epicardial VT	***TBA***
16:24-16:31	Case 3: LBBAP Troubleshooting	***TBA***
16:31-16:38	Case 4: PFA Safety Nuances	***TBA***
16:38-16:45	Case 5: Complex Extractions	***TBA***
16:45-16:52	Case 6: Dual-Chamber Leadless	***TBA***
16:52-16:59	Case 7: Persistent AF & PFA	***TBA***
16:59-17:06	Case 8: LV Summit PVCs	***TBA***
17:06-17:13	Case 9: The Infected CRT-D	***TBA***
17:13-17:20	Case 10: Post-TVR Pacing	***TBA***
17:20-17:50	Panel Roundtable: Advanced Technical Debates and "Nightmare" Lab Scenarios	
Session IIIB: Structural Heart Disease Corner Chairs: ***TBA***		
16:10-17:28		
16:10-16:28	Mitral TEER Nightmares: I Wish I Was Not There!	***TBA***
16:30-16:48	TAVI Complications and Management Strategies: Case 1: ***TBA*** Case 2: ***TBA***	***TBA***
16:50-17:08	Advancements in Transcatheter Tricuspid Valve Intervention (TTVI).	***TBA***
17:10-17:28	Antithrombotic Therapy after TAVI: The Agents and the Patient: Tailoring the Suitable Dress?	***TBA***



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18TH GULF HEART ASSOCIATION CONFERENCE FRIDAY, NOVEMBER 13, 2026 ***HALL***

08:30–10:05		
Session IV: Atrial Fibrillation Chairs: ***TBA***		
08:30–08:48	Prediction and Risk Factor Modification for AF: Practical Guide for the Clinicians.	***TBA***
08:50–09:08	Catheter Ablation of Atrial Fibrillation in Oman: Where Do We Stand in 2026?	***TBA***
09:10–09:28	Atrial Fibrillation in Patients With Heart Failure: Critical Review.	***TBA***
09:30–09:48	Atrial Fibrillation and Stroke Prevention: Current Status and Unresolved Issues.	***TBA***
09:50–10:05	Discussion	All Session Faculty
10:05–10:35		
Satellite Symposium III		
TBA		
10:35–10:55	Break and Visiting Exhibition	
10:55–11:53		
Session V: Controversies Corner: Great Debates in CVD Chairs: ***TBA***		
10:55–11:13	Role of β -Blockers in Hypertension and Coronary Artery Disease without Heart Failure.	***TBA***
11:15–11:33	Routine Complete or Culprit-Only Revascularization for Acute Coronary Syndromes?	***TBA***
11:35–11:53	Clopidogrel Should Replace Aspirin for Patients with Chronic Coronary Syndromes.	***TBA***
11:53–13:30	Lunch and Pray	
13:30–15:10		
Session VI: Valvular Heart Disease Chairs: ***TBA***		
13:30–13:48	Moderate Valvular Lesions: Waiting for What?	***TBA***
13:50–14:08	Surgical Treatment for Left-Sided Infective Endocarditis.	***TBA***
14:10–14:28	Transcatheter Treatment Of Valvular Heart Disease : Where We Are Now in 2026 ? Oman Experience!	***TBA***



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18TH GULF HEART ASSOCIATION CONFERENCE FRIDAY, NOVEMBER 13, 2026 ***HALL***

14:30–14:48	The Dilemmas of Multivalvular Heart Disease: Approach and Management.	***TBA***
14:50–15:10	Discussion	All Session Faculty
13:30–15:10	Session IVA: Cardio-Oncology Corner Chairs: ***TBA***	
13:30–13:48	Cardio-Oncology Decoded: The Definitions You Cannot Afford to Miss.	***TBA***
13:50–14:08	Arrhythmias in Cancer Patients.	***TBA***
14:10–14:28	Stent, Treat, or Step Back? Decision-Making in Cardio-Oncology.	***TBA***
14:30–14:48	Seeing Beyond Ejection Fraction: Advanced Imaging in Cardio-Oncology.	***TBA***
14:50–15:10	Discussion	All Session Faculty
15:20–15:50	Satellite Symposium IVA	***TBA***
15:20–15:50	Satellite Symposium IVB	***TBA***
15:50–16:10	Break and Visiting Exhibition	
16:10–17:50	Session VII: Hypertension Chairs: ***TBA***	
16:10–16:28	How Fast and Low Should We Go in Blood Pressure Lowering?	***TBA***
16:30–16:48	Renal Denervation's Comeback : Too Much Noise or Too Much Evidence?	***TBA***
16:50–17:08	Lifestyle Interventions in Hypertension : Does It Really Work? When?!	***TBA***
17:10–17:28	Management of Hypertension in Chronic Kidney Disease.	***TBA***
17:30–17:50	Discussion	All Session Faculty



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18TH GULF HEART ASSOCIATION CONFERENCE SATURDAY, NOVEMBER 14, 2026 ***HALL***

12:55–13:13 Echocardiography in the Era of Artificial Intelligence:
Are the Echocardiographers in Real Threat?!

13:13–13:30 Discussion

13:30-14:00 Dr Wael Almahmeed Best-of-Abstracts Awards & Closing Remarks

14:00 Lunch and Pray

TBA

All Session Faculty